



# HELICOBACTER PYLORI BREATH TESTING

Name:

Appt. Date:

Location:

## ***PLEASE ADHERE TO THE FOLLOWING GUIDELINES***

1. Please disregard any other preparation instructions and adhere to the guidelines on this pamphlet.
2. Helicobacter Pylori Breath Tests (H. Pylori) are billed at \$105 per test and attract a Medicare Rebate (12533). You will be charged a nursing fee on the day as well (non rebateable).
3. H.Pylori Breath Testing may not be suitable for children or pregnant women, so please advise Moonee Valley Specialist Centre if you are, or may be, pregnant.
4. Please contact Moonee Valley Specialist Centre for safety advice before you cease taking any medication.

*See reverse for preparation instructions*

# HELICOBACTER PYLORI BREATH TEST

## Patient Instruction Sheet

### ***FOUR WEEKS BEFORE YOUR TEST:***

- NO oral or intravenous antibiotics can be taken.

### ***TWO WEEKS BEFORE YOUR TEST:***

- NO proton pump inhibitors, (eg. Somac, Nexium or Pariet) can be taken.

### ***SIX HOURS BEFORE YOUR TEST:***

- NO oral medications unless authorised beforehand by Moonee Valley Specialist Centre staff.
- You must take this test on an empty stomach, so you must not eat any food or drinks at least 6 hours before your test.

### ***The HeliCap - A capsule that you take at the clinic ≈10 minutes before the H. Pylori breath test.***

The HeliCap is part of the breath test. It contains Urea, which is mildly radioactive (no more than one glass of orange juice). The test uses the bacterium's ability to break down urea into carbon dioxide. Following the intake of the HeliCap, your breath is analysed. If traces of radioactivity are found in your breath then you are infected with H. Pylori.